



Hot Food

	Oven baked Potato Wedges	\$4.00
	Oven baked nuggets (6) (halal)	&4.00
	Oven baked chicken and potato wedges(halal)	\$5.50
	Chicken burger (halal) Lettuce & mayo	\$6.00
	Chicken or Aussie burgers with hot chips	\$10.00
	Chicken & Garlic Roll (HM) (halal)	\$5.00
	Pasta Bolognese (Spirals) (HM (halal)	\$4.50
	Freshly made Mini Pizzas (HM)(halal)cheese - Ham & Pineapple or Vegetarian	\$4.00
	Garlic Bread (roll)	\$3.00
	Kafta and Garlic Roll (halal)	\$5.00
	Corn Cob	\$1.00
	cheese Burger (HM) (halal)	\$5.00
	Aussie Burger (beef patty, lettuce, tomato,& beetroot)	\$7.00
	Beef Nachos (HM) (halal)	\$6.00
	Fried Rice (HM)	\$5.00
	Falafel Wrap (Hummus , tomato and lettuce)	\$5.00
	Hot chips baked	\$5.00
	Noodle cup chicken(halal Beef (halal)	\$4.00
	Packaged Sauces - Tomato & BBQ	\$0.50c

Drinks

	Bottled Water - 600mL	\$2.00
	Bottled Water - 250mL	\$1.00
	Flavoured Milk (Chocolate or strawberry)	\$2.50
	Juice Box	\$2.00
	Juice bomb	\$3.00
	Up&Go - Assorted flavours	\$2.50

Cold Food & Super Healthy Salads

	Rice paper rolls (1) (HM) - Chicken & Veg or vegetables	\$4.00
	Sushi (HM) - Tuna & Cucumber	\$4.00
	- Vegetarian	\$4.00
	- Chicken & Veg	\$4.50
	Tuna Pasta Salad (HM)	\$5.00
	Salad: without chicken -Garden Salad	\$6.00
	-Quinoa Salad	\$7.50
	-Tabbouleh with chicken	

Fresh Fruit Surprise

	Fresh Fruit Salad - container	\$3.00
	Seasonal fruit	\$1.00

Frozen Treats

	Twisted Frozen Yoghurt	\$2.50
	Snap Sticks	\$2.00
	Paddle pops	\$2.50
	Ice mony	\$2.00

Flash Brekky (8:15-8:30 am)

Available every mornings

	Cheese Toastie (8:20 am to 9:00 am)	\$3.00
	Raisin Toast (1 Serve)	\$1.00
	Mini pie	\$1.50
	Muffins	\$1.50
	Up & Go (assorted flavours)	\$2.50
	Assorted cereals	\$2.00
	Hash brown	\$1.50
	Hot chocolate (morning only)	\$2.00

Pretzels	\$1.00
Plain popcorn	\$1.00
Red Rock Deli chips	\$2.00
Mamee noodles	\$1.50
Muffins	\$2.50
Cup Cakes	\$1.50
Rice Snacks	.30c
Jelly Cups (sml)	\$1.00
Jelly Cups (L)	\$2.00
Toasted Seaweed Snacks	\$1.50
Banana Bread	\$2.00
Toasted banana bread with butter	\$3.00

Cheese and Tomato Jaffle	\$3.50
Cheese Jaffle	\$3.00
Ham and Cheese Jaffle	\$3.50
Cheese, Ham and Tomato Jaffle	\$4.00
baked beans Jaffle	\$3.50

<i>Healthy Super Sandwiches Wraps/rolls/super sandwiches (HM)</i>	
Grilled Chicken wrap (grilled chicken, lettuce, cheese, tomato) (halal)	\$7.00
Chicken burger lettuce mayo (halal)	\$6.00
	\$5.00
Ham with cheese and tomato	\$3.50
Egg, Lettuce and Mayo	\$4.00
Chicken, lettuce and aioli (halal)	\$6.00
Cheese and tomato	\$3.50
Cheese	\$2.50
Tuna and tomato	\$4.00
Vegemite	\$2.00
Salad: Cheese, lettuce, tomato, carrot, beetroot, cucumber	\$5.00
Chicken or ham Salad	\$7.00
Ham sandwich	\$2.50
Tuna, lettuce and light mayo	\$4.50
extras: Cheese, Tuna, Ham, avocado, egg. -Lettuce, Tomato, Beetroot, Carrot, Cucumber	\$.100 .50c

<i>Weekly Menu</i>	
<i>Monday</i>	
Nacho (halal)	\$6.00
Super nacho	\$10.00
<i>Tuesday</i>	
Meat pie (Beef) (halal)	\$4.00
<i>Wednesday</i>	
Hot Dogs (halal)	\$4.00
<i>Thursday</i>	
Beef Lasagna (HM) (halal)	\$6.00
<i>Friday</i>	
fried rice	\$5.00

Key:
 Healthy rating scale: **Everyday**, **Occasional**
 HM : **Homemade**
 No late orders turned away

*No extra charge for packaging.
 No extra charge for sauces served at the Canteen window-
 Tomato, BBQ, Sweet Chilli, Light Mayo*

The Canteen will be open from 8.00am... please see our friendly canteen staff for any assistance when completing lunch orders.
During 'breakfast time' only breakfast items will be sold.